### Quality Quick Tips

## APRIL 2024 RESPIRATORY CONDITIONS



NCQA has developed many HEDIS standards around respiratory conditions including asthma, upper respiratory infections, COPD, pharyngitis, and bronchitis. Your testing and treatment of these illnesses is vital to meet these metrics. To assist your understanding of the HEDIS requirements surrounding treating Upper Respiratory Infections (URI), Pharyngitis (CWP), and Acute Bronchitis (AAB) in your patients <u>aged 3 and older</u>, see the key respiratory related HEDIS measures with code to identify below:

#### Appropriate Treatment for Upper Respiratory Infection (URI)

#### **Measure Description:**

Patients with a diagnosis of URI (only) and are <u>NOT</u> dispensed an antibiotic

#### **Codes to Identify URI:**

- Acute Nasopharyngitis: JOO
- URI: J06.0, J06.9

#### Appropriate Testing for Pharyngitis (CWP)

#### **Measure Description**:

Members with a diagnosis of Pharyngitis (only) who were dispensed an antibiotic and received a strep test for the episode of care

#### **Codes to Identify CWP**:

- Acute Pharyngitis: J02.0, J02.8, J02.9
- Acute Tonsilitis: J03.00, J03.80, J03.81, J03.90, J03.91
- Strep throat: J02.0, J03.00,

# Avoidance of Antibiotic Treatment for Acute Bronchitis (AAB)

#### **Measure Description:**

Members with a diagnosis of acute bronchitis (only) and are <a href="MOT\_dispensed">MOT\_dispensed</a> an antibiotic

#### **Codes to Identify AAB:**

 Acute Bronchitis: J20.3-J20.9, J21.0, J21.1, J21.8, J21.9

**Note**: prescribing antibiotics for acute bronchitis is not indicated unless there is a co-morbid diagnosis or bacterial infection

#### **Tips to Improve HEDIS Scores:**

- Educate patients on comfort measures such as acetaminophen for fever, rest, and extra fluids. Also provide education that antibiotics are not necessary for a viral infection.
- Ensure co-morbid diagnosis codes are billed when appropriate.
- Discuss realistic expectations for recovery time

This is a brief summary of the expectations for these measures. More details can be found in our McLaren Provider HEDIS Quality Toolkit which can be found at <a href="https://www.mclarenhealthplan.org">www.mclarenhealthplan.org</a>. If you have questions or would like more information, please email us at <a href="https://www.mclaren.org">MHPOutreach@mclaren.org</a>.

Remember to also talk to your patients about tobacco cessation, MHP has a <u>free tobacco cessation program</u> for MHP Community and Medicaid members, call 800-784-8669 for more information.

#### Thank you for the quality care you deliver!

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